



Tea Eggs With Chicken Wings

NIBBLEDISH CONTRIBUTOR

Ingredients

- 4 eggs - 5 chicken wings - 1 star anise seed - 2 cloves - sliced ginger - 1/4 a cinnamon bark (optional) - 5 tbsp low-sodium soy sauce - 1 tbsp thick sweet soy sauce - 1 tbsp chinese rice wine - 2 tsp green tea leaves (OR Black tea leaves) - 2 pc rock sugar (OR small crystalised sugar) - 1/4 cup water - salt to taste

Instructions

1) Put all the ingredients in the crockpot. 2) Set crockpot temperature to high, and slow cook for 2-4 hours, OR if crockpot settings on low, slow cook for 4-6 hours.