



Apple banana muffins

NIBBLEDISH CONTRIBUTOR

Ingredients

Ingredient A 2 apples, peel and cube 6 small bananas , mash 1 tbsp lemon juice pinch
nutmeg 1/2 tsp cinnamon 1/4 cup brown sugar 1/4 cup water
Ingredient B 2 cups flour 1/3 cup castor sugar pinch salt 100g butter 2 tsp baking
powder 1/4 tsp baking soda 1/8 tsp cream of tartar 1/2 tsp vanilla 1 egg

Instructions

1. Add ingredient A in a pan and cook till thicken and apples are soft. Cool.
2. Add butter to warm apple mixture and stir till butter melted.
3. Add the remaining ingredient B and stir to mix. Mixture will look like cookie dough but not dry.
4. Spoon into patty tin or papercup.
5. Bake in preheated oven at 200° C for 20 mins .
6. Serve warm...