



# Apple and Mint Punch

NIBBLEDISH CONTRIBUTOR

## Ingredients

- 2 cups water
- 4 green tea bags
- 1 1/2 cups (100 percent) apple juice (recommended: Martinelli's)
- 1 cup Mint Simple Syrup
- 1/4 cup fresh lemon juice (from 1 large lemon)
- 1 cup sparkling water, chilled
- Ice
- fresh mint sprigs, optional

## Instructions

In a small saucepan, bring the water to a boil over medium-high heat. Turn off the heat, add the tea bags and let steep for 6 minutes. Remove the tea bags and cool the tea to room temperature, about 45 minutes. Pour the cooled tea into a large pitcher. Add the apple juice, Mint Simple Syrup and lemon juice. Refrigerate until ready to serve.

To serve, add the sparkling water and pour the punch into ice-filled glasses. Garnish with fresh mint sprigs, if desired.

Makes 5 1/2 cups, Difficulty: Easy