



Lemon Broccoli

NIBBLEDISH CONTRIBUTOR

Ingredients

- 2 gloves of garlic, minced
- 1 lemon
- 3 tablespoons extra-virgin olive oil
- 1 head of broccoli florets
- 1 carrot, sliced
- salt and pepper to taste

Instructions

1. Heat 2 minced **garlic cloves**, 2 or 3 strips **lemon zest** and 3 tablespoons **olive oil** in a skillet over medium heat for 3 minutes.
2. Meanwhile, cook 1 head **broccoli florets** and 1 sliced **carrot** in boiling salted water, 3 minutes.
3. Drain and toss with the lemon oil, a squeeze of **lemon juice**, and **salt** and **pepper**.

Difficulty: Easy

Photograph by Antonis Achilleos