

Pear Crisp with Hand-Churned Vanilla Ice Cream

NIBBLEDISH CONTRIBUTOR

Ingredients

- 2 cups whole milk
- 2 cups heavy cream
- 6 egg yolks
- 3/4 cup sugar
- 1/2 teaspoon vanilla extract

Instructions

Ice Cream:

- 1. Heat the milk and cream until scalded then turn off the heat.
- 2. In a bowl whisk together the yolks and sugar; then temper the yolks with the hot cream mixture.
- 3. Return to the heat and cook carefully stirring constantly until thickened and is 180 degrees F.
- 4. Immediately pour the custard through a fine strainer into a bowl in an ice bath.
- 5. Chill.
- 6. Whisk in the vanilla extract. Turn in a hand crank ice cream machine with ice and rock or kosher salt and keep frozen.

Make the Crisp:

- 7. Preheat the oven to 400 degrees F.
- 8. In a bowl, stir together the flour, sugars, cinnamon, and nutmeg. Using a pastry blender or the paddle attachment of an electric mixer, mix in the butter to make a crumbly, sandy mixture.
- 9, Peel, core, and thickly slice the pears and put them in a deep, buttered 2-quart baking dish. (The pears should be at least 2 1/2 inches deep in the pan; add more if necessary.)
- 10. Drizzle the apple juice concentrate over the fruit and sprinkle the topping over the pears.
- 1. Bake for 30 minutes, until pears are tender and topping is lightly browned.

Makes 6 servings, Difficulty: Intermediate