



Calabacitas Casserole with Polenta and Cheese

NIBBLEDISH CONTRIBUTOR

Ingredients

- 3 tablespoons extra virgin olive oil
- 2 cups corn kernels, defrosted
- 4 cloves garlic, smashed
- 1 green chili pepper seeded and chopped or, 2 jalapenos, seeded and chopped
- 2 small to medium zucchini, diced
- 1 small to medium yellow squash
- 1 large yellow skinned onion, chopped
- 1(14-ounce) can stewed tomatoes
- 2 teaspoons dark chili powder, just over 1/2 a palm full
- Salt and pepper
- 1 (16-ounce) tubes prepared polenta
- 2 cups, 10 ounces, shredded Monterey Jack, available on the dairy aisle in pouches
- 3 scallions, chopped
- 2 tablespoons chopped cilantro leaves or flat-leaf parsley

Instructions

1. Preheat oven to 500 degrees F.
2. Heat a large skillet over medium high heat.
3. Add remaining 2 tablespoons extra virgin olive oil, corn, garlic and chiles. Saute 3 minutes.
4. Add zucchini and yellow squash and onions, season with salt and pepper, chili powder. Cook 7 to 8 minutes.

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5. Add stewed tomatoes and heat through. Transfer to baking dish.
 6. Cut 1 tube of polenta in 1/2-inch slices lengthwise.
 7. Top vegetables with polenta and cheese.
 8. Place in hot oven to melt cheese and warm polenta, 8 to 10 minutes.
 9. Garnish with chopped scallions and cilantro or flat-leaf parsley.