Mast O Khiar

NIBBLEDISH CONTRIBUTOR

Ingredients

- Fresh yogurt, preferably not sweet
- Cucumber, the Japanese variety are good
- Fresh or dried mint leaves
- 1/4 of onion
- 2 cloves of garlic
- 3 walnuts

Instructions

Grate the cucumbers (use the large size grate if you can)Use a finer grate to do the garlics.Add these to the yogurt and mix well.Add a pinch of salt and black pepper and garnish with some mint