



Wholemeal bread (in bread maker)

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 egg
- 310 ml water together with egg
- 1 tablespoon of lemon juice
- 2 tablespoons of honey
- 200 grams of rye wholemeal flour
- 300 grams of wheat bread flour
- 2 teaspoons of salt
- 1 package of dried yeast
- 2 tablespoons of sunflower seeds

Instructions

1. Place all ingredients in bread maker (I used BM450 Kenwood program 3).