

Pistachio ice cream

NIBBLEDISH CONTRIBUTOR

Ingredients

- 2 cups of milk (3,2 % fat)
- 65 grams of sugar
- 20 grams of potato starch
- 100 grams of pistachio paste (80% of pistachio)
- 1 tablespoon of lemon juice

Instructions

- 1. Mix potato starch with 1/2 cup of milk.
- 2. Heat up remaining milk, add sugar, stir till it dissolves. Don't boil it. Once it's close to boiling remove from heat and add potato starch dissolved in 1/2 cup of milk, stir vigorously. Let it cool down.
- 3. Once it's cool add pistachio paste and lemon juice, mix well, transfer to ice cream maker.
- 4. Usually it takes about 20 minutes till ice cream is done. Freeze about 15 minutes and serve.
- 5. Homemade ice cream can be stored up to 1 week in a freezer.