Sweet potatoe & cranberries muffin

NIBBLEDISH CONTRIBUTOR

Ingredients

- 150 grams of wheat flour
- 100 grams of rye flour
- 250 grams of sweet potato
- 60 grams of dried cranberries
- 125 ml of oil
- 2 teaspoons of baking powder
- 150 grams of yoghurt
- 50 grams of brown sugar
- 1 egg
- 40 grams of bacon or ham
- 1 teaspoon of cayenne pepper
- almond flakes for garnish

Instructions

1. Peel sweet potato, cut into cubes and boil till soft.
2. Sift flour, add sugar, baking powder, cayenne pepper, mix well.
3. In separate dish whisk egg and oil, add yoghurt, add dry ingredients, bit by bit, mix well.
4. Add sweet potatoes cubes and cranberries.
5. Pour dough into muffin baking tray, garnish with almond flakes.
6. Bake in preheated oven in 175 C degrees about 25 minutes.