



Saba mirin yaki(?????????)

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1.Fresh saba (mackerel) fillet
- 2.suger, mirin(sweet sake), soy sauce
=at a one-two-one ratios(1:2:1)

Instructions

- 1.Mix suger, mirin, and soy sauce.
- 2.Soak Fresh saba in it for a day
- 3.Turn your oven/broiler on high. Fold the edges up on a sheet of aluminum foil to prevent oil.
4. Check the skin of the mackerel well.