



milk Kanten(????)

NIBBLEDISH CONTRIBUTOR

Ingredients

1. semi-skimmed milk (1 1/2 cup)
2. granulated sugar(100g= 3 1/2oz)
3. lemon (1/2)
4. Kanten powder(agar-agar flakes)1pack
5. almond essece

Instructions

1. Put the powder of agar-agar to water(1 1/2 cup) in the pan, and boil it on the moderate heat.
 2. After bubble, change simmer.
 3. stop the fire, and put granulated sugar.
 4. Add Milk and the almond essence.
 5. mold this into containers, and harden with refrigerator (For about three hours).
 6. cutting that is easy to eat.
 7. Serve with favorite fruit.
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