



milk Kanten(????)

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1.semi-skimmed milk (1 1/2 cup)
- 2.granulated sugar(100g= 3 1/2oz)
- 3.lemon (1/2)
- 4.Kanten powder(agar-agar flakes)1pack
- 5.almond essece

Instructions

- 1.Put the powder of agar-agar to water(1 1/2 cup) in the pan, and boil it on the moderate heat.
 - 2.After bubble,change simmer.
 - 3.stop the fire, and put granulated sugar.
 - 4.Add Milk and the almond essence.
 - 5.mold this into containers, and harden with refrigerator (For about three hours).
 - 6.cutting that is easy to eat.
 - 7.Serve with favorite fruit.
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