

Strawberry Arugula Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

2 large strawberries, sliced
2 cups arugula
6 spinach leaves
3-6 grape tomatoes, halved
1 celery stalk, chopped
2 florets cauliflower, chopped
1/4 cup shaved/shredded Parmesan cheese
1 tbs dried currants (optional)

Instructions

This salad is a wonderful balance of sweet, salty, tart, and peppery. It is perfect along side any meal, but I usually serve it with an Italian style dish.

Combine all ingredients in a large bowl. Top with an Italian vinegarette or use one of my standard dressing recipes:

Dressing: 1/4 cup lemon juice 1 tbs white wine vinegar 1/4 cup truffle oil (or olive oil) 1/2-1 tsp salt 1/2 tsp pepper 1/4 tsp white sugar 1/2 tsp garlic powder or

For the Dressing: 1 tbs apple cider vinegar 1/4 cup truffle oil (or olive oil) 1/2 tsp salt 1/2 tsp fresh cracked pepper

Enjoy!