

Sweet Bun with Chocolate Rice Inside-out

NIBBLEDISH CONTRIBUTOR

Ingredients

(A)110 g Sugar4 tea spoons Instant yeast480 g Bread flour

(B)120 g Plain flour10 g Salt20 g Milk powder1 Cup of Rice chocolate

(C) 1 Egg 300 ml Cold water

(D) 60 g Butter (I used olive oil)

Instructions

- 1. Combined (A) till well mixed and put aside till bubble
- 2. Combined (B) + (A) well mixed and add (C)
- 3. Add in (D) knead to form a smooth and elastic dough.
- 4. Grease big bowl and mold the dough round and cover it with damp tea towel for 1 hour or till double it side.

Dividing and making a balls:

- 1. Take well proved dough and divide it to the required weights, then shape into balls and allow to rest for 8-15 minutes.
- 2. Place it onto the greased pan or pan lined with baking paper.
- 3. When the dough is ready for baking, brush the top with egg wash/water or milk.
- 4. Preheat oven and put in a small bowl with hot water to provide some heat and water vapor.
- 5. Bake dough with best proving temperature is 35*C till light brown.
- *Note: This is basic recipe for any sweet bun. You may add in any favorite nuts or raisins and for topping; you may sprinkler it with sugar, nuts, grated cheese or herbs after brush with egg wash/water or milk.