



Cheesy Anise Chicken

NIBBLEDISH CONTRIBUTOR

Ingredients

For 2:

- 200g chicken thighs, deboned and chopped
- 2 tsp star anise, ground
- 2 tbsp soy sauce
- 1 tbsp honey
- 200g can of chopped tomatoes
- 100g sweetcorn
- 100g plum tomatoes, halved
- 100g mushrooms, sliced
- 2 tbsp red onion, chopped
- 100g grated cheese
- A little veggie oil

Instructions

1. Mix the soy sauce, honey and 1 tsp of the anise with the chicken in a bowl. Set aside for 15 minutes.
2. When ready, heat the oil in a pan and fry the onion and chicken to brown.
3. Add all of the vegetables, plus the remaining tsp of anise, tossing well to get everything piping hot.
4. Take off the heat and stir in the cheese. Serve with steamed rice with some extra grated cheese on top if desired.
