

Pumpkin coconut soup

NIBBLEDISH CONTRIBUTOR

Ingredients

- 500 grams of pumpkin
- 1 tablespoon of butter
- 1 onion, cubed
- 1/2 tablespoon of red curry paste
- 100 ml of coconut milk
- 1 tablespoon of soy sauce
- 1 tablespoon of fish sauce

For garnish:

- 1/2 cup of red jasmine rice
- 1 cup of chickpea
- chopped parsley
- 2 tablespoons of avocado oil

Instructions

- 1. Melt butter in a pot, add red curry paste, fry 1 minute, add onion, fry till onion change color, add pumpkin and 1 cup of water.
- 2. Bring to boil, reduce heat and simmer 20 minutes till pumpkin is soft.
- 3. Add coconut milk, soy and fish sauce. Mix well.
- 4. Blend soup.
- 5. Serve with red jasmine rice, chickpea, avocado oil and parsley.

