



Cream Cheese Pasta

NIBBLEDISH CONTRIBUTOR

Ingredients

about 12 oz whole wheat linguine
1/2 cup low fat cream cheese
2 tbs olive oil
2 cloves garlic
1 lemon
1/3 cup parsley
1/4 pound green beans
1/2 cup frozen, thawed spinach
Parmesan cheese and tomato for garnish
Salt and pepper to taste

Instructions

This is super simple and so delicious.

Cook pasta according to the package directions in seasoned/salted water. With about 5 minutes left, add the green beans and cook. Drain, but reserve about 1/2 cup of the cooking water.

Meanwhile, heat oil over medium heat in a large sauce pan. Add garlic and saute for about 3 minutes. Add cream cheese, juice from the lemon, spinach, and cooking water. Heat until creamy. Add the pasta, parsley, and salt and pepper.

Garnish with Parmesan cheese and diced tomato. Enjoy!