

Single Serving Lamb and Cranberry Pies

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Ingredients

Makes 4:

- 400g lean lamb mince
- 400g sweet potato, chopped
- 6 cherry tomatoes, halved
- 1 yellow pepper, chopped
- 1 celery stick, chopped
- Large handful of spinach
- 2 tsp red onion, chopped
- Some fresh coriander
- 2 tbsp dried cranberries
- 1 tbsp tomato puree
- 4 tsp cinnamon
- 2 tsp cumin
- 2 tsp ginger
- 2 tsp honey
- 1 tsp cayenne pepper
- Some olive oil

Instructions

1. Simmer the sweet potato chunks in a pan for 15 minutes until just done. Drain and keep warm.

- 2. Meanwhile, fry the onion in the oil, followed by the mince. Mix in the spices (apart from the cayenne), puree and honey, coating the mince well.
- 3. Stir in the tomatoes, yellow pepper and spinach for a few minutes.
- 4. Toss in the coriander and cranberries to warm through.
- 5. Divide into 4 ramekin dishes.
- 6. Mash the potato with the cayenne pepper, then top each of the ramekins. Stick under the grill for a few minutes to crisp up the topping.