



Banocolate Pie Treats

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Ingredients

Makes 9 pie treats:

- 1 large banana, sliced
- 300g Greek yogurt
- 250g ground almonds
- 150g dates
- 2 tbsp brown sugar
- Some dark chocolate, broken into little pieces

Instructions

1. Whizz the almonds and dates in a food processor til you get a sticky paste.
2. Line a muffin tray with clingfilm and press the paste in to line 9 holes. Stick in the freezer for half an hour.
3. Pour the yogurt into a large bowl with the sugar on top. Leave in the fridge.
4. Remove the tray from the freezer. Put a couple of slices of banana into the base of each.
5. Gently mix the sugar into the yogurt and spoon into each pie.
6. Top with another banana slice and some chocolate shavings.
7. Serve straight away or leave in the fridge until just ready to serve, as the base will melt quickly!