



Strawberry Jam Oat Bites

NIBBLEDISH CONTRIBUTOR

Ingredients

Cuts into 15 squares:

- 200g sliced strawberries
- 175g rolled oats
- 175g self raising flour
- 150g dessicated coconut
- 150ml grapeseed oil
- 125g sugar
- 4 tbsp strawberry jam
- 2 tsp baking powder
- 1 egg

Instructions

1. Sieve the flours into a large mixing bowl, then add in the oats, coconut and sugar. Carefully mix in the strawberries.
2. In a separate bowl, beat the egg with the jam and oil. Add to the dry mixture and mix well.
3. Pour into a lined 13.5 x 8" tin, using a knife to level it out and bake at 180 degrees celcius for 30 minutes or until you can pull a fork out clean.