

Ankake Donburi

NIBBLEDISH CONTRIBUTOR

Ingredients

Main

- Rice
- 100g thin pork slices
- 100g prawns
- 1 carrot
- 4 shiitake mushrooms
- about 1/4 Chinese cabbage
- 2 bunches of pak choi
- 1 knob of ginger
- 1 clove of garlic
- 1 leek
- salt, pepper, olive oil

Sauce

- 400 ml dashi
- 3 tablespoons of soy sauce
- 1 tablespoon of sugar
- 1 tablespoon of sake
- 1 tablespoon of mirin
- half a teaspoon of salt
- 2 and a half tablespoons of potato starch
- 2 and a half tablespoons of water

You can only replace the last 2 by a bit of maizena

Instructions

Preparing the ingredients

- Cook the rice
- Cut the carrot and Chinese cabbage in tiny 5 cm slices
- Separate the pak choi stems and leaves
- Cut them in long 5 cm pieces
- Remove the stems from the shiitake and slice them up
- Season the prawns and the pork with salt, pepper and sake
- Crush the garlic and the ginger

Main

- Put some olive oil in a pan and stir-fry the ginger, garlic and the green part of the leek on high heat
- As soon as the aroma comes out, add the prawn and lower the heat a little
- once the prawns are done, remove then from the pan and set them aside
- add some more oil to the pan and put the pork in
- now gradually add the vegetables in this order:
- 1. carrots
- 2. shiitake
- 3. Chinese cabbage stalks
- 4. pak choi stems
- 5. Chinese cabbage leaves
- 6. pak choi

Sauce

- Combine dashi, soy sauce, sugar, sake, mirin and salt
- pout into the frying pan and bring to a boil

 dissolve the potatoe starch in water and put in the pan for the sauce to thicken Put the prawns back in
All done. Now just put some cooked rice in a bowl and place all we just made on top.