

Crispy Noodles – Shang Mee

NIBBLEDISH CONTRIBUTOR

Ingredients

Chinese noodles

4 Oyster mushrooms

Chicken breasts sliced into thin pieces

6 medium sized prawns

One bunch of bok choy cut into smaller pieces

2 stalks of spring onions cut into 1-inch long

2 cloves of garlics

1 beaten egg

Cut red chillies to garnish

Cooking oil

- 1 tsp of light soy sauce
- 1 tsp of oyster sauce
- 1 tsp of shaoxing wine

1/4 cup of water

1 tbsp corn starch and 3 tbsp of water

Dash of peppers and salt

Instructions

This dish will taste better if you deep fried the noodles. I don't want too much oil in my cooking, so I pan-fried the noodles instead.

- 1. Deep fry the noodles. When done, drain noodles on paper towel and set aside.
- 2. Heat oil in pan, add garlic, slices of chicken and prawns and cook for 2 mins.
- 3. Add oyster mushrooms and cook for 1 min.
- 4. Add light soya sauce, oyster sauce, shaoxing wine, salt and peppers to taste.
- 5. Add 1/4 cup of water and bring to boil.
- 6. Add the bok choy.
- 7. Add the beaten egg.
- 8. Add the cornstarch mixture to the pan and stir well.
- 9. Pour cooked ingredients to the noodles.
- 10. Garnish and serve.