



Butter and Sugar Free Ginger Cookies

NIBBLEDISH CONTRIBUTOR

Ingredients

Makes 12:

- 2 bananas
- 150g rolled oats
- 100g plain flour
- 6 tbsp honey
- 2 tsp vanilla
- 2 tsp cinnamon
- 1 tsp ginger
- 1 tsp bicarbonate of soda

Instructions

1. Mash the bananas with the honey and vanilla.
2. Sieve the flour into in a bowl. Mix in the cinnamon, ginger and soda.
3. Add the banana mixture followed by the oats. Mix well - it will be a bit sticky!
4. Mould 12 shapes from the mixture. Place onto a lined tray and bake at 180 degrees C for 15 minutes.