Banana Blueberry Muffins

NIBBLEDISH CONTRIBUTOR

Ingredients

Makes 12:

- 100g fresh or frozen blueberries
- 3 mashed bananas
- 150g plain flour
- 125g brown sugar
- 50ml rapeseed (canola) oil
- 50ml water
- 1 tsp baking powder
- 1 tsp bicarbonate of soda
- 1 tsp vanilla essence
- Dash of cinnamon
- Dash of salt

Instructions

1. Sift the flour, baking powder and soda into a bowl. Add the cinnamon and salt. Carefully fold in the blueberries.

2. In another bowl, mix the banana and sugar, then mix in the oil, water and vanilla.
3. Add the blueberry flour mixture into the wet mixture. Lightly mix well together.
4. Tip the mixture into a greased or lined muffin tray. Bake at 180 degrees C for about half an hour.