

Spiced Steak with Minted Couscous

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Ingredients

For 2:

- · 2 fillet steaks
- 100g couscous
- 150ml hot veggie stock
- 4 cherry tomatoes, halved
- 2 tbsp chickpeas
- 1 spring onion, chopped
- 2 tsp mint
- Juice of 1 lemon

Marinade:

- 100ml olive oil
- Juice of 4 lemons
- 1 shallot, grated
- 2 garlic cloves, grated
- 4 tbsp ginger
- 2 tbsp soy sauce
- 2 tbsp parsley
- 1 tbsp rice vinegar
- 1 tbsp cumin
- 1 tsp turmeric
- 1 tsp oregano

Instructions

- 1. Mix the marinade ingredients in a bowl, add the steaks and leave overnight (or for at least 20 mins!)
- 2. Grill the steaks for 8-10 minutes (turning once), depending on how well done you like it. Take off heat and leave to rest for 5 mins.
- 3. Meanwhile, pour the stock over the couscous and cover for 5 mins. Mix in the rest of the ingredients and serve with the steaks.