

Asian Steak Strips and Butterbean Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

For 2:

- 2 steak fillets
- 200g butterbeans
- · Large handful of spinach and watercress
- 1 tbsp sesame oil
- 1 tbsp veggie oil
- 2 tsp rice vinegar
- 1 tsp soy sauce
- 1 tsp hoisin sauce (I have a recipe elsewhere on this site if you want to try making your own!)
- Touch of ginger, grated
- Salt and pepper

Instructions

- 1. Mix together the oils, vinegar, sauces and ginger.
- 2. Season the steaks and cook in a hot pan for a few minutes on each side (longer if you prefer well done). Take out the pan and rest for 5 minutes.
- 3. Toss the spinach and watercress in the sauce you made.
- 4. Divide onto two plates and sit the butterbeans on top.
- 5. Slice the steaks and arrange on top of the salad, garnishing with some more watercress and drizzling with any remaining sauce.