Breakfast Egg Salad Wrap

NIBBLEDISH CONTRIBUTOR

Ingredients

-I hardboiled egg + one HB egg white-1 TBS lite avacado ranch (can sub lite mayo)-1/4 of 1 avacado-guacamole spice mix ,salt, pepper to taste-1 whole grain tortilla (I use La Tortilla Factory)

Instructions

Directions: chop harboiled eggs & mix with lite ranch or mayo, sprinkle with guacamole mix powder, salt & pepper. Spread mixture over warmed tortilla. Dice avacado and place on egg mixture. Wrap & eat. YUM!