Pineapple & oatmeal muffins

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1, 5 cup of wheat flour
- 1/2 cup of sugar
- 1 large egg
- 100 ml of yoghurt
- 250 grams of pineapple, canned or fresh
- 80 ml liquid from can or pineapple juice
- 1/3 cup of oil
- 1/2 cup of oatmeal
- 1,5 teaspoon of baking powder
- 1 teaspoon of baking soda
- almond flakes for garnish

Instructions

1. Sift flour, add sugar, oatmeal, baking powder and baking soda. Mix well.
2. In separate bowl mix egg, oil, yoghurt and pineapple liquid or juice.
3. Add dry ingredients to wet ones, bit by bit, in the end add pineapple.
4. Line muffin baking tray with paper muffin cups, pour in the dough, sprinkle with almond flakes.
5. Bake in preheated oven, in 190 C degrees, about 25 minutes.