



beans with cashew stir fry

NIBBLEDISH CONTRIBUTOR

Ingredients

3 tbsp oil
1 onion-chopped
1 celery stick chopped
1 clove garlic chopped
1 inch ginger chopped
1 red chilly-chopped
175g french beans- sliced 2 inch length
175g snow peas- sliced half
75g roasted cashew nut
1 tsp brown sugar
125g chicken stock
2 tbsp chinese wine or dry sherry
1 tbsp light soy sauce
1 tsp red wine vinegar
pepper

Instructions

1. Heat oil and saute chopped ingredients. Add beans and stir fry for 1 mins, add stock and cook till beans are done but crispy. Season to taste. serve with hot rice.