

Turkey meatballs in tomato

NIBBLEDISH CONTRIBUTOR

Ingredients

For the meatballs:
450 g minced turkey meat
1 small onion-chopped
1 clove garlic-chopped
1 tbsp freshly chopped coriander
1 tsp cumin
pepper

For the sauce:
1 onion-chopped
1 clove garlic-chopped
1/4 pt turkey stock
400g canned tomatoes
1/2 tsp cumin
1/2 tsp cinnamon
pinch cayenne pepper

freshly chopped parsley for garnish

Instructions

- 1. Preheat oven to 190 C.
- 2. Mix all the meatballs ingredients and shape into a size of a walnut. cover and chill while making the sauce.
- 3. Simmer 5 tbsp of stock with onion and garlic until almost dry and onion is soft.

