

## Mild Squash and Salmon Curry

NIBBLEDISH CONTRIBUTOR

## Ingredients

## For 2:

- 1 small butternut squash, in chunks
- 1 cooked salmon fillet, in chunks
- 200g chickpeas
- Half a courgette, chopped
- Half a small red onion, chopped
- 200ml coconut milk
- 500ml hot stock
- 2 tsp fish sauce
- 1 tsp fennel seeds
- 1 tsp paprika
- 1 tsp cumin
- 1 tsp garlic powder
- 1 piece of lemongrass
- 2 tsp pumpkin seeds
- Some fresh coriander

## Instructions

- 1. Fry the onion, courgette and chickpeas for a few minutes in a deep pan.
- 2. Add the squash, followed by the lemongrass, fennel, paprika, cumin and garlic. Mix well.
- 3. Pour in the coconut milk, stock and fish sauce. Bring to the boil, then leave to

simmer for about 15 minutes.

- 4. Stir in the salmon during the last few minutes.
- 5. Take out the lemongrass and serve with steamed rice, and garnish with some coriander and pumpkin seeds.