

Calas

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 C. cooked rice
- 2 T. sugar
- 2 eggs
- 1 t. vanilla
- 1 1/2 C. water
- 2 C. flour
- 2 t. baking powder
- 1/2 t. salt
- 1/4 t. nutmeg
- cooking oil
- powdered sugar

Instructions

Calas are a traditional New Orleans breakfast dish, and a perfect way to use up leftover rice. This recipe is a quick version with baking powder, since calas are traditionally made with yeast. A very tasty recipe. Enjoy!

- 1. Beat the eggs, sugar, and vanilla together until bright yellow and foamy. Add water and beat well.
- 2. Sift together the flour, baking powder, salt, and nutmeg. Add to egg mixture and beat well with a whisk.

- 3. Add rice and make sure all the kernels are covered.
- 4. In a heavy skillet or large saucepan heat about 1-1 1/2 inches of oil (should be heated to about 390° F).
- 5. Scoop large spoonfuls of batter into the hot oil and fry until a nice, golden crust appears on all sides.
- 6. Eat immediately with a generous sprinkling of powdered sugar on top.