



# Banana and Sesame Seed Loaf

NIBBLEDISH CONTRIBUTOR

## Ingredients

Makes 1 loaf:

- 2 large bananas
- 2 eggs, beaten
- 100g sesame seeds
- 100 ml orange juice
- 80ml grapeseed oil
- 300g plain flour
- 2 tsp baking powder
- 2 tsp bicarbonate of soda
- Dash of cinnamon, nutmeg and ginger

## Instructions

1. Mash the banana with the eggs, oil and orange juice.
2. Sift in the rest of the ingredients, except the seeds, folding in well.
3. Mix the sesame seeds in carefully and pour the mixture into a loaf tin.
4. Bake at 170 degrees C for about 45 minutes.