



Honey Glazed Chicken and Sweet Potato Salad

NIBBLEDISH CONTRIBUTOR

Ingredients

For 2:

- 1 chicken thigh fillets
- 1 small sweet potato, in chunks
- 1 small courgette, diced
- 1 large avocado, diced
- 2 tbsp pumpkin seeds
- 2 tbsp honey
- 3 tbsp lemon juice
- Some grated ginger

Instructions

1. Boil the sweet potato until soft. Drain and set aside.
2. Brush the honey and 2 tbsp of the lemon juice over the fillets.
3. Grill on both sides til cooked through.
4. Mix the remaining lemon juice and grated ginger.
5. Cut the cooked chicken into chunks and mix with the potato and veg. Scatter the pumpkin seeds on top and drizzle over the ginger lemon juice to serve.