

Mini Lamb Moussaka

NIBBLEDISH CONTRIBUTOR

Ingredients

For 2:

- 200g lean minced lamb
- 200g chopped tomatoes
- 1 tbsp tomato puree
- 1 small red onion, chopped
- · Half an aubergine, sliced
- 2 tbsp lemon juice
- 1 tsp oregano
- 1 tsp rosemary
- 100g natural yoghurt
- 1 beaten egg
- Some grated cheese
- 2 tbsp cooked couscous

Instructions

- 1. Brown the onion and mince in a frying pan. Add the tomatoes, puree and herbs and leave to simmer for 15 minutes.
- 2. Meanwhile, season the aubergine slices and brush with lemon juice on each side. Grill for a few minutes til soft.
- 3. Divide the lamb mixture into two ramekin dishes, layering the aubergine slices on top.

4.	Mix t	he yogl	hurt	with	the	egg	and	pour	over	the	top.	Sprinkl	e ove	r the	cheese
	and o	cousco	us.												

and couscous.
5. Grill for about 15 minutes until bubbly and golden and serve with some fresh
salad.