

minced meat on toast

NIBBLEDISH CONTRIBUTOR

Ingredients

250 gm minced meat

1 egg

1 cup bread crumbs

1/2 cup chopped chives

1 big white onion-chopped

1/2 carrot- grated and chopped

salt and pepper to taste

2 tomatoes-chopped

1 cup Alfreddo white sauce.

1 head lettuce- torn in few pieces

Instructions

- Mixed the meat,egg,crumbs ,carrot and chives .
- 2. In a saucepan, heat 1 tbsp butter or margarine. Add chopped onion, saute till soften. Add minced meat and stir well for a

minute, then add tomatoes. Cook through.

- 3. Add the white sauce and seasoning. Mixed well.
- 4. Slice few pieces of bread , butter each slice and sprinkle some toasted garlic and flake parsley. Place on a tray and bake in

preheated oven at 220 C for 1 min or till crispy and golden.

5.Remove from oven , place some lettuce which has been broken up , Spread the minced meat on top and serve. This is ideal meal

for breakfast or party finger food.

