



# Cherry N' Greens Smoothie

NIBBLEDISH CONTRIBUTOR

## Ingredients

1/4 cup Navitas Naturals Cashews  
1 tsp. Navitas Naturals Green Twister Powder  
1 Tbsp. Navitas Naturals Palm Sugar (optional) 1½ cups of coconut water (or regular water) 2 cups frozen dark cherries (pitted) 1-2 handfuls ice

## Instructions

Blend until smooth and serve immediately. Makes approximately 4 cups.

\*Note: If using a high-speed blender, cashews may be added straight out of the package. For low-speed blenders, soak the cashews in the coconut water or regular water for 30 minutes or longer prior to blending for a smooth texture.