

Kabocha Manju

NIBBLEDISH CONTRIBUTOR

Ingredients

Dough:

- 1 1/3 cup of wheat flour
- 1 teaspoon of baking powder
- 1/4 cup of sugar
- 2 teaspoons of matcha powder
- 1/4 1/3 cup of water

For Filling:

- 250 grams of kabocha, seeds removed and peeled
- 2 tablespoons of sugar
- 2 tablespoons of honey

Instructions

- 1. Cut kabocha into small pieces and steam about 10 minutes or until softened.
- 2. Mash kabocha in a bowl and add sugar and honey.
- 3. Shift flour, baking powder, matcha and sugar into a bowl. Add water and knead the dough.
- 4. Divide dough into 8 pcs. and flatten by hands. Put kabocha filling in the center of the dough and wrap it with the dough to make a round. Repeat this process.
- 5. Preheat a steamer. Place manju in the steamer and steam over high heat for about 10 minutes.