



Chicken and Tomato Pasta Soup

NIBBLEDISH CONTRIBUTOR

Ingredients

For 2:

2 chicken thighs/legs, deboned and chopped
300g condensed tomato soup OR 400g cream of tomato soup
200g butterbeans
1 small carrot, chopped
Half a small onion, chopped

150g wholewheat pasta

Instructions

- 1) Gently boil the pasta in lightly salted water for 15-20 minutes.
- 2) In another pan, fry the onion, then tip in the chicken.
- 3) After the chicken has browned, stir in the butterbeans and carrot.
- 4) Pour in the soup, adding up to 300ml water if using condensed.
- 5) Part-cover with a lid and leave to simmer for 15 minutes.
- 6) Serve with the pasta sitting atop the soup, so you can mix in as you please!