

Chili Shrimp over Pasta

NIBBLEDISH CONTRIBUTOR

Ingredients

- 30 Peeled, Frozen Raw Shrimp
- 2 Cups Spinach
- 2 Cups Diced Tomatoes
- 1 Can Mushrooms
- 2 Tbs Chili Powder
- 1 Tbs Black Pepper
- 1 Tbs Garlic Powder
- 1/2 Cup Lemon Juice
- 1/2 Cup Vegetable Oil
- 1/4 Cup Red Wine
- 1 Box Whole Wheat Elbow Noodles

Instructions

Vegetables:

- 1. Set stove to medium
- 2. Mix spinach, tomatoes, and mushrooms in large pan
- 3. Add 1/4 cup lemon juice
- 4. Add 1/4 cup vegetable oil
- 5. Add 1/4 cup red wine
- 6. Add 1 tbs pepper
- 7. Add 1 tbs garlic powder
- 8. Allow vegetables to cook for at least 10 minutes or until liquid is mostly gone.

Shrimp:

- 1. Allow shrimp to thaw
- 2. If not already peeled, do so while shrimp are still cold, but not frozen.
- 3. Add 1/4 cup vegetable oil
- 4. Add thawed shrimp
- 5. Add 1 tbs chili powder
- 6. Cook until pink
- 7. Discard liquid, place shrimp in mixing bowl.
- 8. Mix remaining chili powder with shrimp

Serve:

Over noodles, add vegetables and shrimp. Garnish with grated parmesan cheese.