



Apple Juice

NIBBLEDISH CONTRIBUTOR

Ingredients

1 Fuji Apple, chopped
1/2 Granny Smith Apple, chopped
1/2 cup fresh cranberries
1 Tablespoon Sugar

Instructions

Bring all of the ingredients to a boil in 5 cups of water. Allow to simmer for 20 minutes. Mash with a potato masher and allow to simmer for 5 more minutes. Then strain into a large bowl with a fine strainer with a layer of cheese cloth. Allow to sit in the cheese cloth lined strainer until the mixture is cool, about 10 minutes. Transfer your juice to a pitcher and refrigerate.

With the left over cranberry and apples, you can add a tablespoon of sugar, a pinch of cinnamon and squeeze of lemon juice to have a nice chunky apple sauce.