Pumpkin Ginger Soup

NIBBLEDISH CONTRIBUTOR

Ingredients

3 cups pumpkin puree
2 cups chicken stock
¾ cups coconut milk
¼ teaspoon astraya liquid stevia
2 tablespoons lemon juice, fresh squeezed
1 tablespoon ginger, minced

Instructions

1. In a vita-mix, combine pumpkin, chicken stock and coconut milk and process on high until smooth
2. Blend in stevia, lemon juice and ginger
3. Place mixture in a pot and bring to a boil then reduce to a simmer and cook for 5 minutes
4. Serve

http://www.elanaspantry.com/pumpkin-ginger-soup/