

Pumpkin Ginger Soup

NIBBLEDISH CONTRIBUTOR

Ingredients

3 cups pumpkin puree
2 cups chicken stock
3⁄4 cups coconut milk
1⁄4 teaspoon astraya liquid stevia
2 tablespoons lemon juice, fresh squeezed
1 tablespoon ginger, minced

Instructions

- 1. In a vita-mix, combine pumpkin, chicken stock and coconut milk and process on high until smooth
- 2. Blend in stevia, lemon juice and ginger
- 3. Place mixture in a pot and bring to a boil then reduce to a simmer and cook for 5 minutes
- 4. Serve

http://www.elanaspantry.com/pumpkin-ginger-soup/