



Banana and Pumpkin Seed Cake

NIBBLEDISH CONTRIBUTOR

Ingredients

Makes about 10-12 slices

3 mashed up bananas
50g pumpkin seeds
250g plain flour
125g unsalted butter
150g brown sugar
2 beaten eggs
1 tbsp baking powder
1 tsp ground nutmeg

Instructions

- 1) Preheat the oven to 180 degrees C.
- 2) Mix the butter and sugar, gradually adding in the eggs and bananas.
- 3) Sift the flour in, along with the baking powder and nutmeg. Fold into the mixture slowly.
- 4) Pour into a loaf tin and bake for about an hour until a skewer comes out clean when you poke it through.