



# Cheese Sausage and Mushroom Frittata

NIBBLEDISH CONTRIBUTOR

## Ingredients

- 5 eggs
- 1/2 cup Spicy Sausage crumbled
- 1/4 of a Portabello Mushroom chopped
- Cheddar Cheese (your call how much)
- Cream Cheese (same)
- 1/4 cup roasted red peppers
- 6-7 chives chopped

## Instructions

Preheat oven to 350

On a stove over a medium heat I used a cast iron skillet to heat the sausage to almost done. Then I added the mushrooms and cooked through.

In a bowl I combined the eggs, cheese (both types), chives, red pepper.

Once the mushrooms and sausage is done, add the egg mixture and place the skillet in the oven.

Cook for 10 minutes or until done. Season with salt and pepper.

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