



Kafta

NIBBLEDISH CONTRIBUTOR

Ingredients

1 cup finely chopped parsley
500g each lamb and beef mince
1 large onion, finely chopped
1 tsp salt
½ tsp white pepper

Instructions

Combine all ingredients in a large bowl and using your hands knead the mixture until smooth.

Dampen your hands with water and shape the mixture around skewers.

Barbecue until golden brown and cooked through.

Serve with flat bread, tabouleh and hoummus.