

Chicken Surprise

NIBBLEDISH CONTRIBUTOR

Ingredients

- 2 slices bacon
- 1 medium onion, chopped
- 1 chicken bouillon cube
- 1 pouch (250g) Italian style spaghetti sauce
- 1/4 tsp. chili powder (optional)
- 1 medium potato, peeled and diced
- 1 small green bell pepper, chopped
- 1 1/2 cups (230g) leftover chicken meat (baked/roasted/grilled/fried), cubed
- 1 medium red apple, cored and cubed
- 1/4 iodized fine salt (or 3/4 tsp. iodized rock salt)

Instructions

- 1. Heat pan and add bacon. Cook until almost crisp. Drain on paper towels. Cut into strips.
- 2. Using the same pan, saute onion until tender. Add bouillon, 2/3 cup water, Italian style spaghetti sauce, chili powder and potato. Simmer over low heat for 10 minutes or until potato is tender.
- 3. Add the rest of the ingredients except apple. Season with 1/4 iodized fine salt (or 3/4 tsp. iodized rock salt). Cook for 5 minutes. Blend in apple.