

Juicy Steamed Dumplings

NIBBLEDISH CONTRIBUTOR

Ingredients

Dumpling dough:

- 250 grams of wheat flour, sifted
- 150 ml of cold water

Filling:

- 250 grams of lean boneless pork, minced
- 2 tablespoons of light soy sauce
- 1/2 tablespoon of rice wine
- 2 tablespoons of fresh ginger, chopped
- 1/2 teaspoon of sugar
- 3 tablespoons of sesame oil

Instructions

- 1. Mix the pork with the soy sauce, rice wine, ginger and sugar. Marinate about 30 minutes. Stir in the sesame oil and mix well.
- 2. Add 150 ml of cold water gradually to the flour and mix into a dough. Let rest about 10 minutes.
- 3. Knead the dough again, cut in half. Roll out part of dough and cut 7 to 8 cm circles. Place about 1 to 1 1/2 teaspoon of filling on each circle and pinch the edges together at the top and twist it to create pleats-like effect.
- 4. Place the dumpling in a steamer and steam for 8 minutes over high heat.
- 5. Serve with soy, sesame oil, ginger and spring onion sauce.

