



Matcha Green Tea Latte

NIBBLEDISH CONTRIBUTOR

Ingredients

- Half teaspoon of matcha powder
- 1 teaspoon of sweetener (I use splenda)
- 1 cup of warm milk or soy milk (you won't get the foaming effect with soy milk)
- A bit of water
- Whipped Cream (Optional)

Instructions

I love to drink this on occasion, it's a treat! Drink in moderation, friends. ;)

1. Mix the small amount of water and matcha powder to make a paste.
2. Add the warm (and I mean warm) milk and stir. It should foam up. Add the sweetener to your liking.
3. At this point, it's optional. Add ice, stir and whipped cream on top. No need for starbucks here. Do it at home!