

weight watchers, 2 points yogurt jello pie

NIBBLEDISH CONTRIBUTOR

Ingredients

one box of sugar free jello

one reduced fat pie crust

one fat free yogurt

a bit of cool whip

cut up fruit

Instructions

this was the first time i made it... and i dont know why i did since i dont like jello or pie. i heard about it from a co worker and decided i NEEDed to try making it.

it was super simple so i will try it out again but with more fruits and more yogurt :)

- 1. follow jello direction and put in fridge until its cool but NOT TOO FIRM!
- 2. mix in yogurt + some cool whip to jello
- 3. mix in fruit
- 4. put in pie...
- 5. THATS IT!!!

from my calculations, since jello is 0 points and yogurt + crust is about 1.5... include fruit, maybe .5. this can be your 2 point piece-a-pie