



Cold soup with potatoes

NIBBLEDISH CONTRIBUTOR

Ingredients

- 1 and 1/2 cup of kefir
- 1 and 1/2 cup of yoghurt
- 1 cup of milk
- 1/2 cup of cold mineral flat water
- 1 cup of lettuce, torn up
- 1 cup of young beet root leaves, sliced
- 4 radish, sliced
- 1 spring onion, sliced
- 1 small onion, sliced
- 1 small cucumber, sliced
- pinch of salt
- freshly ground pepper
- 3 potatoes, cooked and cut into wedges

Instructions

1. Mix vegetables except potatoes.
2. Add milk, kefir, yoghurt and water, mix well.
3. Add salt and pepper.
4. Add cooked, warm potatoes in the middle of each plate, pour in cold soup around.

Note: Potatoes can be served on separate plate, sprinkled with dill or fried bekon

cubes.